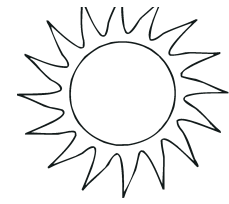




BREAKFAST MENU CAM COMMUNITY SCHOOLS MAY, 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Muffin Or Cereal Assorted Juice and Fruit	3 Biscuit & Gravy Or Cereal Assorted Juice and Fruit	4 Donut Holes Or Cereal Assorted Juice and Fruit	5 Oatmeal/Toast Or Cereal Assorted Juice and Fruit	6 French Toast Sticks Or Cereal Assorted Juice and Fruit
9 Muffin Or Cereal Assorted Juice and Fruit	10 Biscuit & Gravy Or Cereal Assorted Juice and Fruit	11 Donut Holes Or Cereal Assorted Juice and Fruit	12 Oatmeal/Toast Or Cereal Assorted Juice and Fruit	13 French Toast Sticks Or Cereal Assorted Juice and Fruit
16 Muffin Or Cereal Assorted Juice and Fruit	17 Biscuit & Gravy Or Cereal Assorted Juice and Fruit	18 Donut Holes Or Cereal w/Toast Assorted Juice and Fruit	19 Oatmeal/Toast Or Cereal Assorted Juice and Fruit	20 French Toast Sticks Or Cereal Assorted Juice and Fruit
23 Variety Breakfast-will be posted Or Cereal Assorted Juice and Fruit	24 Variety Breakfast-will be posted Or Cereal Assorted Juice and Fruit	25 Variety Breakfast-will be posted Or Cereal Assorted Juice and Fruit	26 Variety Breakfast- will be posted Or Cereal Assorted Juice and Fruit	27 Variety Breakfast- will be posted Or Cereal Assorted Juice and Fruit 4 hr early out
30	31			

Menus are subject to change without notice.

SUMMER

LUNCH MENU CAM COMMUNITY SCHOOLS MAY, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheeseburger on Bun w/ Lettuce and Tomato Smiley Fries Sidekick Mandarin Oranges	3 Chicken Bacon Ranch Wrap Tomato, Lettuce or Cheese Waffle FF Strawberries	4 Hot Dog Baked Beans Pears Doritos	5 Walking Taco Refried Beans Baby Carrots w/low cal dressing Banana	6 Chicken Patty on Bun Mac & Cheese Cucumbers w/ low cal dressing Apple Salad
9 Champion Meatball Sub Romaine Lettuce w/Low Calorie Dressing FF Grapes	10 Chicken Fajita Red & Green Pepper Strips Referee Refried Beans Melon Mix Up Spanish Brown Rice	11 Sub Sandwich Romaine Salad w/ low cal dressing Chips Sidekick	12 Pork Chop Potatoes & Gravy Carrot Coins Applesauce Roll	13 Pizza Crunchers Corn Romaine Lettuce w/ Low Cal Dressing Fruit Cocktail
16 BBQ Rib on Bun Cauliflower w/ Low Cal Dressing Potato Wedges Watermelon	17 Rotini w/Meat Sauce Mixed Greens w/Low Cal Dressing Red & Green Pepper Strips Tropical Fruit Breadsticks	18 Chicken & Noodles Mashed Potatoes Peas Peaches Bread & Butter	19 Corn Dog Tri Tator Baked Beans Orange Wedges	20 Beef Nachos w/ Tortilla Chips & Salsa Refried Beans Baby Carrots w/ low cal dressing Pineapple HS: B&B Sandwich
23 Sloppy Joe on Bun Sweet Potato Fries Picnic Veggie Salad Applesauce	24 Burrito Baby Carrots w/Low Cal Ranch Refried Beans Variety Fruit Spanish Brown Rice	25 Salisbury Steak Mashed Potatoes & Gravy Green Beans Variety Fruit Hot Roll	26 Chicken Nuggets Spiral Fries Celery W/Low Cal Ranch Variety Fruit HS: Peanut Butter Sandwich	27 No Lunch 4 hr Early Out Last Day Of School
30	31			4

Menus are subject to change without notice.

USDA is an EOE opportunity distributor.

Family Lunch Account Policy: Notifications will be given to students and/or emailed to parents each Monday for accounts that have a negative balance. Parents may also check lunch account balances through the JMC online parent access program linked to the school website (camcougars.org), and we encourage you to do so. When accounts reach a negative balance students will not be allowed to have seconds at breakfast or lunch unless they have the money in hand or until the account has a positive balance. Parents may also be notified as needed during the week if accounts become negative.

