



LUNCH MENU CAM COMMUNITY SCHOOLS FEBRUARY, 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>29</p> <p>Corn Dog FF Baked Beans Applesauce</p>	<p>30</p> <p>Rotini w/Meat Sauce Romaine Lettuce w/Low Cal Dressing Cucumber Slices/Pepper Strips Mandarin Oranges Garlic Bread</p>	<p>31</p> <p>Chicken & Noodle Soup Celery Apricot Cheese Sandwich Crackers</p>	<p>1</p> <p>Beef Nacho Stick Salsa Refried Beans Baby Carrots w/Low Cal Ranch Strawberries HS: B&B Sandwich</p>	<p>2</p> <p>Chicken Alfredo Mixed Salad w/Low Cal Dressing Cooked Broccoli Apple Slices Bread Stick</p>
<p>5</p> <p>Crispito Lettuce, tomato & salsa Baby Carrots w/Low Cal Ranch Refried Beans Sidekick</p>	<p>6</p> <p>Sloppy Joe on Bun Crinkle FF Celery w/low cal Ranch Mixed Fruit</p>	<p>7</p> <p>Burrito Baby Carrots w/Low Cal Ranch Refried Beans Grapes Spanish Brown Rice</p>	<p>8</p> <p>Pork Chop Mashed Potato Green Beans Pears Roll</p>	<p>9</p> <p>Panini Chips Tomato & Romaine W/Low Calorie Dressing Banana</p>
<p>12</p> <p>Cheeseburger on Bun W /Lettuce and Tomato Tator Tots Baby Carrots W/Low Cal Ranch Peaches</p>	<p>13</p> <p>Popcorn Chicken Mashed Poato Corn Orange Wedges Biscuit</p>	<p>14</p> <p>Lent Starts Garlic Cheese Bread Romaine Salad w/Low Cal Dressing Pineapple</p>	<p>15</p> <p>Soft Shell Taco Lettuce and Tomatoes Salsa and Cheese Refried Beans Applesauce HS: Bread & Butter Sandwich</p>	<p>16</p> <p>HS-MS Fish Sandwich Elementary-Fish Sticks Lettuce & Tomato Hash Brown Patty Baked Beans Mandarin Oranges</p>
<p>FFA Week 19</p> <p>NO SCHOOL</p> <p>TEACHER PD</p>	<p>21</p> <p>Cowboy Shredded Beef Sandwich Home Grown FF Lays Chips Strawberries</p>	<p>22</p> <p>Turkey Trot Roll Up Lettuce and Tomato Pasta Salad Red -Green Pepper Strips Award Winning Apricots Sunny Sun Chips</p>	<p>23</p> <p>Cowgirl Drumies Mashed Potato & Gravy Iowa Corn Fresh Picked Apples Roll</p>	<p>24</p> <p>Mac & Cheese Pig Tail FF Romaine Salad Fresh Broccoli Bananas</p>
<p>27</p> <p>Chicken Fajita WG Shell Red & Green Pepper Strips Refried Beans Grapes Spanish Brown Rice</p>	<p>28</p> <p>Meatball Sub Romaine Lettuce w/Low Calorie Dressing FF Pears</p>	<p>1</p> <p>Chicken Strips Crinkle FF Pasta Salad Tropical Fruit</p>	<p>2</p> <p>Rotini w/Meat Sauce Mixed Greens w/Low Cal Dressing Peaches Breadstick</p>	<p>3</p> <p>Scalloped Potato or Scalloped Potato & Ham Corn Orange Wedges Bread & Butter</p>

Family Lunch Account Policy: Notifications will be given to students and/or emailed to parents each Monday for accounts that have a negative balance. Parents may also check lunch account balances through the JMC online parent access program linked to the school website (camcougars.org), and we encourage you to do so. When accounts reach a negative balance students will not be allowed to have seconds at breakfast or lunch unless they have the money in hand or until the account has a positive balance. Parents may also be notified as needed during the week if accounts become negative.