

LUNCH MENU

CAM COMMUNITY SCHOOLS

APRIL, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Meatball Sub Romaine Lettuce w/Low Calorie Dressing Tator Tots Applesauce</p>	<p>4</p> <p>Chicken Bacon Ranch Wrap Red & Green Pepper Strips Baked Beans Mandarin Oranges Spanish Brown Rice</p>	<p>5</p> <p>Hot Dog w/Bun Waffle FF Strawberries Doritos</p>	<p>6</p> <p>Pork Chops Potatoes & Gravy Carrot Coins Sidekick Roll</p>	<p>7</p> <p>No School Good Friday</p>
<p>10</p> <p>No School</p>	<p>11</p> <p>Popcorn Chicken Potato Wedges Pasta Salad Apple Slices PB or B&B Sandwich</p>	<p>12</p> <p>Pizza Crunchers Crinkle FF Carrots Grapes</p>	<p>13</p> <p>Burrito Spanish Rice Refried Beans Mixed Greens w/Lo Cal Ranch Pears</p>	<p>14</p> <p>Turkey Wrap W/Lettuce & Tomatoes Cucumber Slices w/Low Cal Ranch Fruit Cocktail Sun Chips</p>
<p>17</p> <p>Cheeseburger on Bun W /Lettuce and Tomato Tri Tator Watermelon</p>	<p>18</p> <p>Walking Taco Lettuce & Tomato Cheese & Salsa Celery w/ Low Cal Ranch Tropical Fruit Peanut Butter Sandwich</p>	<p>19</p> <p>Chicken Alfredo Mixed Salad w/Low Cal Dressing Steamed Broccoli Peaches Bread Stick</p>	<p>20</p> <p>Turkey Sandwich Cheese Tots Baby Carrots Oranges</p>	<p>21</p> <p>Chicken Nuggets Spiral FF Pineapple PB/BB Sandwich</p>
<p>24</p> <p>Mandarin Chicken White Rice Steamed Broccoli Applesauce Roll</p>	<p>25</p> <p>Potato Wedge Bar Ham Taco or Chicken Green Beans Mandarin Oranges Peanut Butter/Butter Sandwich</p>	<p>26</p> <p>Cheese Sticks Smiley Fries Carrots w/Low Cal Ranch Baked Beans Strawberries</p>	<p>27</p> <p>Beef Nachos w/ Corn Tortilla Chips & Salsa Refried Beans Baby Carrots w/Low Cal Dip Banana HS: Bread & Butter Sandwich</p>	<p>28</p> <p>Crispito Lettuce, tomato & salsa Mixed Greens w/Low Cal Ranch Spanish Rice Refried Beans Melon Mix Up</p>

Menus are subject to change without notice. All Meals served with Fat Free or Low Fat Milk This Institution is an equal opportunity provider

Family Lunch Account Policy: Notifications will be given to students and/or emailed to parents each Monday for accounts that have a negative balance. Parents may also check lunch account balances through the JMC online parent access program linked to the school website (camcougars.org), and we encourage you to do so. When accounts reach a negative balance students will not be allowed to have seconds at breakfast or lunch unless they have the money in hand or until the account has a positive balance. Parents may also be notified as needed during the week if accounts become negative.