



LUNCH MENU

CAM COMMUNITY SCHOOLS

JANUARY, 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>NO SCHOOL 30</p> <p>WINTER BREAK</p>	<p>NO SCHOOL 31</p> <p>WINTER BREAK</p>	<p>NO SCHOOL Jan 1</p> <p>WINTER BREAK</p> <p>Happy New Year 2025!</p>	<p>NO SCHOOL 2</p> <p>WINTER BREAK</p>	<p>Pizza 3</p> <p>Corn</p> <p>Romaine Lettuce w/Low Cal Dressing</p> <p>Peaches</p> <p>Welcome Back!!</p>
<p>6</p> <p>Chicken Nuggets</p> <p>Spiral Fries</p> <p>Celery w/Low Cal Ranch</p> <p>Mandarin Oranges</p>	<p>7</p> <p>HS-Baked Potato Bar</p> <p>ELEM- Wedge Bar</p> <p>w/ Chicken Ham or Taco Meat</p> <p>Hot Cheese or Shredded</p> <p>Steamed Broccoli</p> <p>Apricots</p> <p>Roll</p>	<p>8</p> <p>Chicken Alfredo</p> <p>Mixed Salad w/Low Cal Dressing</p> <p>Peas</p> <p>Sidekick</p> <p>Bread Stick</p>	<p>9</p> <p>Walking Taco</p> <p>Lettuce & Tomato</p> <p>Cheese & Salsa</p> <p>Baby Carrots w/ Low Cal Ranch</p> <p>Strawberries</p> <p>Peanut Butter/Butter Sandwich</p>	<p>10</p> <p>Scalloped Potato & Ham</p> <p>Corn</p> <p>Banana</p> <p>Roll</p>
<p>13</p> <p>Chicken Patty w/WG Bun</p> <p>FF</p> <p>Pasta Salad</p> <p>Apple Wedges</p>	<p>14</p> <p>Chili w/Beans</p> <p>Celery w/Low Cal Ranch</p> <p>Grapes</p> <p>Cinnamon Roll</p> <p>Saltine Crackers</p>	<p>15</p> <p>Hot Dog w/WG Bun</p> <p>Smiley Fries</p> <p>Baked Beans</p> <p>Pears</p>	<p>16</p> <p>Rotinii w/Meat Sauce</p> <p>Mixed Greens Salad w/ Dressing</p> <p>Cucumber Slices</p> <p>Fruit Cocktail</p> <p>Garlic Bread</p>	<p>17</p> <p>Cheese French Bread</p> <p>Baby Carrots</p> <p>Tator Tots</p> <p>Orange Wedges</p>
<p>20</p> <p>NO SCHOOL</p>	<p>21</p> <p>BBQ Rib on Bun</p> <p>Tri Tator</p> <p>Pineapple</p> <p>Chips</p>	<p>22</p> <p>Chicken & Noodle's</p> <p>Mashed Potatoes</p> <p>Peas or Carrot Coins</p> <p>Apple Slices</p> <p>Roll</p>	<p>23</p> <p>Corn Dog</p> <p>Waffle FF</p> <p>Baked Beans</p> <p>Tropical Fruit</p>	<p>24</p> <p>Beef Nachos w/ Tortilla</p> <p>Chips & Salsa</p> <p>Refried Beans</p> <p>Baby Carrots w/Low Cal Ranch</p> <p>Applesauce</p> <p>HS: B&B Sandwich</p>
<p>27</p> <p>Chicken Strips</p> <p>Potato Wedges</p> <p>Pasta Salad</p> <p>Mandarin Oranges</p>	<p>28</p> <p>Meatball Sub</p> <p>Seasoned Wedges</p> <p>Green Beans</p> <p>Apricot</p>	<p>29</p> <p>Fajita</p> <p>Red & Green Pepper Strips</p> <p>Refried Beans</p> <p>Spanish Brown Rice</p> <p>Peaches</p>	<p>30</p> <p>Mandarin Orange Chicken</p> <p>Cooked Broccoli</p> <p>White Rice</p> <p>Sliced Apples</p>	<p>31</p> <p>Pizza Crunchers</p> <p>CheesyTator Tots</p> <p>Baked Beans</p> <p>Sidekick</p>

Family Lunch Account Policy: Notifications will be given to students and/or emailed to parents each Monday for accounts that have a negative balance. Parents may also check lunch account balances through the JMC online parent access program linked to the school website (camcougars.org), and we encourage you to do so. When accounts reach a negative balance students will not be allowed to have seconds at breakfast or lunch unless they have the money in hand or until the account has a positive balance. Parents may also be notified as needed during the week if accounts become negative.



BREAKFAST MENU

CAM COMMUNITY SCHOOLS

JANUARY, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30 NO SCHOOL WINTER BREAK</p>	<p>31 NO SCHOOL WINTER BREAK</p>	<p>Jan 1 NO SCHOOL WINTER BREAK</p>	<p>2 NO SCHOOL WINTER BREAK</p>	<p>3 Pop Tart Or Cereal Assorted Juice and Fruit</p>
<p>6 Bagel Bites Or Cereal Assorted Juice and Fruit</p>	<p>7 Powder /Choc Doughnut Or Cereal Assorted Juice and Fruit</p>	<p>8 Breakfast Pizza Or Cereal Assorted Juice and Fruit</p>	<p>9 Breakfast Bites Or Cereal Assorted Juice and Fruit</p>	<p>10 Blueberry or Chocolate Muffin Or Cereal Assorted Juice and Fruit</p>
<p>13 Biscuit & Gravy Or Cereal Assorted Juice and Fruit</p>	<p>14 Uncrustable Or Cereal Assorted Juice and Fruit</p>	<p>15 Cheese Omelet & Toast Or Cereal Assorted Juice and Fruit</p>	<p>16 French Toast Sticks Or Cereal Assorted Juice and Fruit</p>	<p>17 Donut Holes Or Cereal Assorted Juice and Fruit</p>
<p>20 NO SCHOOL</p>	<p>21 Long John Or Cereal Assorted Juice and Fruit</p>	<p>22 Scrambled Eggs & Toast Or Cereal Assorted Juice and Fruit</p>	<p>23 Sausage On A Stick Or Cereal Assorted Juice and Fruit</p>	<p>24 Cinnamon Roll Or Cereal Assorted Juice and Fruit</p>
<p>27 Pancakes & Sausage Links Or Cereal Assorted Juice and Fruit</p>	<p>28 English Muffin Or Cereal Assorted Juice and Fruit</p>	<p>29 Breakfast Bar & Toast Or Cereal Assorted Juice and Fruit</p>	<p>30 Breakfast Burrito & Salsa Or Cereal Assorted Juice and Fruit</p>	<p>31 Oatmeal w/Toast Or Cereal Assorted Juice and Fruit</p>

