LUNCH MENU

CAM COMMUNITY SCHOOLS APRIL, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
No School	2 Meatball Sub Romaine Lettuce w/Low Calorie Dressing FF AS Cup	3 Chicken Fajita Red & Green Pepper Strips Refried Beans Mandarin Oranges Spanish Brown Rice	4 Chicken Drummies. Baked Beans Jumbo Round Potato Strawberries HS-Roll Elementary -Bread	5 Pizza Crunchers Corn Romaine Lettuce w/ Low Cal Dressing Peaches
8 Crispito Lettuce, tomato & salsa Baby Carrots w/Low Cal Ranch Refried Beans Apricots	9 Sloppy Joe on Bun Sweet Potato Fries Celery w/low cal Ranch Sidekick	10 Popcorn Chicken Mashed Potatoes Green Beans Apple Slices Hot Roll	11 Turkey Club on a Wrap W/Lettuce & Tomatoes Cucumber Slices w/Low Cal Ranch Grapes Sun Chips	12 Breaded Chicken Sandwich Twister FF Tomato Lettuce W/Low Cal Dressing Banana
15 Chicken Strips Crinkle FF Pasta Salad Pears PB or B&B Sandwich	16 Pork Chops Potatoes & Gravy Cooked Carrots Mixed Fruit Roll	17 Hot Dog on Bun Smiley Fries Carrots w/Low Cal Ranch Baked Beans Melon Mix Up	18 Spaghetti w/Meat Sauce Mixed Greens Salad w/Dressing Cucumber Slices Tropical Fruit Garlic Bread	19 Little Smokies Mac & Cheese Steamed Broccoli Peaches
22 Cheeseburger on Bun W /Lettuce and Tomato Waffle FF's Baby Carrots W/Low Cal Ranch Orange Wedges	23 Taco Log Lettuce & Tomato Cheese & Salsa Celery w/ Low Cal Ranch Pineapple Peanut Butter Sandwich	24 Chicken Alfredo Mixed Salad w/Low Cal Dressing Broccoli AS Cup Bread Stick	25 Burrito Lettuce, Tomato & Salsa Refried Beans Baby Carrots w/Low Cal Dip Mandarin Oranges Spanish Rice	26 Chicken Nuggets Tator Tots Cucumber W/Low Cal Ranch Banana <b>HS:</b> PB/BB Sandwich
29 Corn Dog FF Baked Beans Strawberry Cup	30 Cheese Ravioli w/Meat Sauce Romaine Lettuce w/Low Cal Dressing Cucumber Slices/Pepper Strips Apricots Garlic Bread	May 1 Pretzel w/Cheese Cottage Cheese or Yogurt Celery w/Peanut Butter Watermelon	2 Soft Shell Taco Salsa & Diced Tomato Refried Beans Baby Carrots w/Low Cal Ranch Spanish Rice	3 Garlic French Bread Corn Romaine Lettuce w/Low Cal Dressing Apple Slices

Menus are subject to change without notice. All Meals served with Fat Free or Low Fat Milk This Institution is an equal opportunity provider Family Lunch Account Policy: Notifications will be given to students and/or emailed to parents each Monday for accounts that have a negative balance. Parents may also check lunch account balances through the JMC online parent access program linked to the school website (camcougars.org), and we encourage you to do so. When accounts reach a negative balance students will not be allowed to have seconds at breakfast or lunch unless they have the money in hand or until the account has a positive balance. Parents may also be notified as needed during the week if accounts become negative.