



# LUNCH MENU

# CAM COMMUNITY SCHOOLS

# JANUARY, 2024



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p><b>NO SCHOOL</b> 1</p>	<p><b>NO SCHOOL</b> 2</p>	<p><b>NO SCHOOL</b> 3</p>	<p>4 Potato Wedge Bar w/ Chicken, Ham or Taco Hot Cheese or Shredded Steamed Broccoli Tropical Fruit Roll</p>	<p>5 Pizza Crunchers Mixed Greens Salad w/ Dressing Spiral FF Peaches</p>
<p>8 Burrito Baby Carrots w/Low Cal Ranch Refried Beans Apple Slices Spanish Brown Rice</p>	<p>9 Chicken Patty on WG Bun Lettuce-Tomato Tri Tater Cucumbers W/Low Cal Ranch Mandarin Oranges</p>	<p>10 Little Smokies Mac &amp; Cheese Cauliflower/Broc Strawberries</p>	<p>11 Scalloped Potato &amp; Ham Corn Pineapple Bread &amp; Butter</p>	<p>12 Panini Chips Tomato &amp; Salad W/Low Calorie Dressing Bananas</p>
<p>15 <b>NO SCHOOL</b> <b>Teacher Inservice</b></p>	<p>16 Chili w/Beans Celery w/Low Cal Ranch Apricot Cinnamon Roll Saltine Crackers</p>	<p>17 Hot Dog w/WG Bun Smiley Fries Baked Beans Sidekick</p>	<p>18 Spaghetti w/Meat Sauce Mixed Greens Salad w/ Dressing Cucumber Slices and Carrots Grapes Garlic Bread</p>	<p>19 Cheese French Bread Baby Carrots Tots Pears</p>
<p>22 Chicken Strips Crinkle FF Pasta Salad Fruit Cocktail</p>	<p>23 Walking Taco Lettuce &amp; Tomato Cheese &amp; Salsa Celery w/ Low Cal Ranch Orange Wedges Peanut Butter/Butter Sandwich</p>	<p>24 Creamed Chicken Over Toast or Biscuit Carrot Coins Peas Tropical Fruit</p>	<p>25 Pork Chop w/Gravy Mashed Potatoes Green Beans Pineapple Roll</p>	<p>26 Pizza Corn Romaine Lettuce w/Low Cal Dressing Peaches</p>
<p>29 Corn Dog FF Baked Beans Applesauce</p>	<p>30 Rotini w/Meat Sauce Romaine Lettuce w/Low Cal Dressing Cucumber Slices/Pepper Strips Mandarin Oranges Garlic Bread</p>	<p>31 Chicken &amp; Noodle Soup Celery Apricot Cheese Sandwich Crackers</p>	<p>1 Beef Nacho Stick Salsa Refried Beans Baby Carrots w/Low Cal Ranch Strawberries <b>HS:</b> B&amp;B Sandwich</p>	<p>2 Chicken Alfredo Mixed Salad w/Low Cal Dressing Cooked Broccoli Apple Slices Bread Stick</p>

**Family Lunch Account Policy:** Notifications will be given to students and/or emailed to parents each Monday for accounts that have a negative balance. Parents may also check lunch account balances through the JMC online parent access program linked to the school website (camcougars.org), and we encourage you to do so. When accounts reach a negative balance students will not be allowed to have seconds at breakfast or lunch unless they have the money in hand or until the account has a positive balance. Parents may also be notified as needed during the week if accounts become negative.