## BREAKFAST MENU CAM COMMUNITY SCHOOLS SEPTEMBER, 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| Biscuit and Gravy Or Cereal Assorted Juice and Fruit |  | Cheese Omelet \& Toast Or Cereal Assorted Juice and Fruit | French Toast Sticks Or Cereal Assorted Juice and Fruit | $1$ <br> Donut Holes Or Cereal <br> Assorted Juice and Fruit |
| $4$ <br> NO SCHOOL <br> Labor Day | Sunrise Sandwich 5 Or Cereal Assorted Juice and Fruit | Long John Or Cereal Assorted Juice and Fruit | Scrambled Eggs \& Toast Or Cereal Assorted Juice and Fruit | Sausage On A Stick Or Cereal Assorted Juice and Fruit |
| Mini Pancakes \& Sausage Links Or Cereal Assorted Juice and Fruit | Cinnamon Roll Or Cereal Assorted Juice and Fruit | English Muffin Or Cereal Assorted Juice and Fruit | Breakfast Bar \& Toast Or Cereal Assorted Juice and Fruit |  |
| Pop Tarts Or Cereal Assorted Juice and Fruit | Oatmeal Or Cereal Assorted Juice and Fruit | Cereal \& Toast 20 Assorted Juice and Fruit <br> Assorted Juice and Fruit | Bagel Bites Or Cereal Assorted Juice and Fruit | Powder /Choc Doughnut Or Cereal Assorted Juice and Fruit |
| Homecoming Week 25 Breakfast Bites Or Cereal <br> Assorted Juice and Fruit | Breakfast Pizza Or Cereal Assorted Juice and Fruit | Blueberry/Chocolate/Banana Muffins Or Cereal Assorted Juice and Fruit |  28 <br> Biscuit \& Gravy  <br> Or  <br> Cereal  <br> Assorted Juice and Fruit | Uncrustable Or Cereal Assorted Juice and Fruit |

Menus are subject to change without notice.
USDA is an EOE opportunity distributor.

## Whole Wheat <br> Whole Grain

