



LUNCH MENU

CAM COMMUNITY SCHOOLS

MARCH, 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Chicken Fajita WG Shell Red & Green Pepper Strips Refried Beans Pineapple Spanish Brown Rice</p>	<p>4</p> <p>Rotini w/Meat Sauce Mixed Greens w/Low Cal Dressing Strawberries Breadstick</p>	<p>5</p> <p>Potato Wedge Bar w/ Chicken, Taco or Ham Hot Cheese or Shredded Steamed Broccoli Mandarin Oranges PB Sandwich Lent Starts</p>	<p>6</p> <p>Meatball Sub Romaine Lettuce w/Low Calorie Dressing FF Applesauce</p>	<p>7</p> <p>Scalloped Potato or Scalloped Potato & Ham Corn Banana Bread & Butter</p>
<p>10</p> <p>Chicken Nuggets Tri-Tator Baked Beans Apricots PB or B&B Sandwich</p>	<p>11</p> <p>Sub on Bun w/ lettuce & Tomato Fresh Broccoli & Cauliflower w/ Low Cal Ranch Sidekick Chips</p>	<p>12</p> <p>Weiner Roll Up Smiley Fries Baked Beans Apple Slices</p>	<p>13</p> <p>Chicken Strips Crinkle FF Pasta Salad Grapes</p>	<p>14</p> <p>Cheese Stick w/ Marinara Corn Romaine Lettuce w/Low Cal Dressing Pears</p>
<p>17</p> <p>BBQ Rib on Bun Baby Carrots w/Low Cal Ranch Potato Wedges Fruit Cocktail</p>	<p>18</p> <p>Soft Shell Taco Lettuce and Tomatoes Salsa and Cheese Refried Beans Peaches HS: Bread & Butter Sandwich</p>	<p>19</p> <p>Creamed Chicken Over Toast Cubes or Biscuit Carrot Coins Peas Orange Wedges</p>	<p>20</p> <p>Salisbury Steak Mashed Potato Green Beans Pineapple Bread & Butter</p>	<p>21</p> <p>Fish Sandwich FF Mixed Salad w/Low Cal Dressing AS Cup</p>
<p>24</p> <p>Tenderloin Sandwich Lettuce and Tomato Tator tots Tropical Fruit</p>	<p>25</p> <p>Spaghettii w/ Meat Sauce Mixed Greens w/Low Cal Dressing Red & Green Pepper Strips Mandarin Oranges Breadsticks</p>	<p>26</p> <p>Chicken or Cheese Quesadilla Spanish Rice Lettuce & Tomato Refried Beans Strawberries</p>	<p>27</p> <p>NO Lunch</p> <p>Parent Teacher Conferences 1:00-9:00</p>	<p>28</p> <p>NO SCHOOL</p>
<p>31</p> <p>Chicken Alfredo Mixed Salad w/Low Cal Dressing Steamed Broccoli Apricot Bread Stick</p>	<p>April 1st</p> <p>Corn Dog Cheese Tots Baked Beans Sidekick</p>	<p>2</p> <p>Pizza Corn Romaine Lettuce w/Low Cal Dressing Peaches</p>	<p>3</p> <p>Mandarin Orange Chicken Fresh Broccoli White Rice Apple Slices Roll</p>	<p>4</p> <p>Mac & Cheese Spiral FF Cucumbers Bananas</p>

Family Lunch Account Policy: Notifications will be given to students and/or emailed to parents each Monday and Thursday for accounts that have a negative balance. Parents may also check lunch account balances through the JMC online parent access program linked to the school website (camcougars.org), and we encourage you to do so. When accounts reach a negative balance students will not be allowed to have seconds at breakfast or lunch unless they have the money in hand or until the account has a positive balance. Parents may also be notified as needed during the week if accounts become negative.



BREAKFAST MENU

CAM COMMUNITY SCHOOLS

MARCH, 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">3</p> <p>Pop Tart Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">4</p> <p>Oatmeal & Toast Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">5</p> <p>Breakfast Pizza Or Cereal Assorted Juice and Fruit</p> <p style="text-align: center;">Lent Starts</p>	<p style="text-align: right;">6</p> <p>Powder /Choc Doughnut Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">7</p> <p>National Cereal Day Cereal Assorted Juice and Fruit</p>
<p style="text-align: right;">10</p> <p>Breakfast Bites Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">11</p> <p>Blueberry or Chocolate Muffin Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">12</p> <p>Biscuit and Gravy Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">13</p> <p>Uncrustable Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">14</p> <p>Cheese Omelet & Toast Or Cereal Assorted Juice and Fruit</p>
<p style="text-align: right;">17</p> <p>French Toast Sticks Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">18</p> <p>Donut Holes Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">19</p> <p>Sunrise Sandwich Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">20</p> <p>Long John Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">21</p> <p>Scrambled Eggs & Toast Or Cereal Assorted Juice and Fruit</p>
<p style="text-align: right;">24</p> <p>Breakfast Bites Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">25</p> <p>Cinnamon Roll Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">26</p> <p>Pancakes & Sausage Links Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">27</p> <p>English Muffin Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">28</p> <p style="text-align: center;">NO School</p>
<p style="text-align: right;">31</p> <p>Breakfast Bar & Toast Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">April 1st</p> <p>Breakfast Burrito & Salsa Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">2</p> <p>Strudel Stick Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">3</p> <p>Oatmeal & Toast Or Cereal Assorted Juice and Fruit</p>	<p style="text-align: right;">4</p> <p>Bagel's Or Cereal Assorted Juice and Fruit</p>

Menus are subject to change without notice. This Institution is an equal opportunity provider. **ALL MEALS SERVED WITH LOW FAT OR FAT FREE MILK**