



# LUNCH MENU

# CAM COMMUNITY SCHOOLS

# MARCH, 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>26</p> <p>Chicken Fajita WG Shell Red &amp; Green Pepper Strips Refried Beans Grapes Spanish Brown Rice</p>	<p>27</p> <p>Meatball Sub Romaine Lettuce w/Low Calorie Dressing FF Pears</p>	<p>28</p> <p>Chicken Strips Crinkle FF Pasta Salad Tropical Fruit</p>	<p>29</p> <p>Rotini w/Meat Sauce Mixed Greens w/Low Cal Dressing Peaches Breadstick</p>	<p>1</p> <p>Scalloped Potato or Scalloped Potato &amp; Ham Corn Orange Wedges Bread &amp; Butter</p>
<p>4</p> <p>Chicken Nuggets Crinkle FF Baked Beans Pineapple PB or B&amp;B Sandwich</p>	<p>5</p> <p>Sub on Bun w/ lettuce &amp; Tomato Fresh Broccoli &amp; Cauliflower w/ Low Cal Ranch Applesauce Chips</p>	<p>6</p> <p>Hot Dog on Bun Smiley Fries Baked Beans Mandarin Oranges</p>	<p>7</p> <p>Potato Wedge Bar w/ Chicken, Taco or Ham Hot Cheese or Shredded Steamed Broccoli Strawberries PB Sandwich</p>	<p>8</p> <p>Cheese Stick w/ Marinara Corn Romaine Lettuce w/Low Cal Dressing Peaches</p>
<p>11</p> <p>Chicken Sandwich on Bun w/ Lettuce and Tomato Cottage FF Apricot</p>	<p>12</p> <p>Soft Shell Taco Lettuce and Tomatoes Salsa and Cheese Refried Beans Sidekick <b>HS:</b> Bread &amp; Butter Sandwich</p>	<p>13</p> <p>Creamed Chicken Over Toast Cubes or Biscuit Carrot Coins Peas Apple Salad</p>	<p>14</p> <p>4 Hr Early out 11:30  Conferences 1:00-9:00</p>	<p>15</p> <p>NO  SCHOOL</p>
<p>18</p> <p>BBQ Rib on Bun Baby Carrots w/Low Cal Ranch Potato Wedges Grapes</p>	<p>19</p> <p>Spaghettii w/ Meat Sau Mixed Greens w/Low Cal Dressing Red &amp; Green Pepper Strips Pears Breadsticks</p>	<p>20</p> <p>Mandarin Orange Chicken Cooked Broccoli White Rice Fruit Cocktail Roll</p>	<p>21</p> <p>Salisbury Steak Mashed Potatoes Green Beans Orange Wedges Hot Roll</p>	<p>22</p> <p>Beef Nachos w/ Meat or Without Tortilla Chips &amp; Salsa Refried Beans Baby Carrots w/ low cal dressing Apple Slices <b>HS:</b> B&amp;B Sandwich</p>
<p>25</p> <p>Chicken Alfredo Mixed Salad w/Low Cal Dressing California Blend Tropical Fruit Bread Stick</p>	<p>26</p> <p>Corn Dog Tri Tator Baked Beans Mandarin Oranges</p>	<p>27</p> <p>Walking Taco Refried Beans Baby Carrots w/low cal dressing Applesauce</p>	<p>28</p> <p>Chicken Bacon Ranch Wrap Twister FF Celery w/low cal Ranch Pineapple</p>	<p>29</p> <p>GOOD FRIDAY  NO SCHOOL</p>

**Family Lunch Account Policy:** Notifications will be given to students and/or emailed to parents each Monday and Thursday for accounts that have a negative balance. Parents may also check lunch account balances through the JMC online parent access program linked to the school website ([camcougars.org](http://camcougars.org)), and we encourage you to do so. When accounts reach a negative balance students will not be allowed to have seconds at breakfast or lunch unless they have the money in hand or until the account has a positive balance. Parents may also be notified as needed during the week if accounts become negative.