

Whaletown Wilderness Race

Saturday, August 7th 2010

Lake Anita State Park

Check in 700am - 730am at the Beach: Race begins at 800am

Fee is \$25 by July 30 and \$30 after that - including day of race

*5 mile course and 1.5mi run or walk course

The Anita Run/Walk Club would like to invite you to the first annual Whaletown Wilderness Race to be held at Lake Anita State Park.



Our race will be a 5 mile course that will take participants on both park trails and also on a off-road journey to get to the finish line. We have also included a 1.5 mile course for runners & walkers- both begin at the beach.

Money raised will be split between paving and extending the trail system at the lake and giving to the Health & Wellness Center to purchase new equipment and help fund the youth activities offered there.

Please come and check out our neck of the woods!

Race website <http://whaletownwildernessrace.yolasite.com>

Make Checks Payable to:
Anita Run/Walk Club
900 Victory Pk Rd
Anita, IA 50020

*Forms postmarked later than 7/30 will be \$30

*May register race day 700-730am at beach area

*Online registration at runningroom.com -
getmeregistered.com - fitnesssports.com

*Minimum age required to participate is 14 yrs old for 5mi route

Please contact Race Committee with any questions:

Val Giegerich (712)762-3282 * April McAfee (712)762-3674*Heather Kauffman(712)762-4734

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Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

DOB: ___/___/___ Age: ___ Gender: ___ Choose one: 5 mile ___ or 1.5 mile ___

* fee: \$25 by 7/30 or \$30 late fee: \$ _____

*****Please read through race participant waiver and sign.*****

Participant Waiver for the Whaletown Wilderness Race - I agree to not hold Anita Run/Walk club, friends of lake Anita, lake Anita State Park and any other Race volunteers/sponsors accountable for any injury I may incur while participating in this event. I understand the race route is partially cross-country and I enter at my own risk. By signing this waiver I absolve all involved of any responsibility for what may or may not occur during my voluntary participation at this event.

Above all else I promise to try and have fun!

Signed: _____ Date: _____

*if signing for minor your relationship to participant: _____